



Glasgow Private Clinic Arthrosamid Protocol – Information for Patients.

Patients who request an initial consultation to find out more about this new innovative treatment for knee osteoarthritis may book one during any clinic with Dr. Tiwari, the first clinician in Scotland to offer Arthrosamid treatment. The cost is £110 per consultation and if you do decide to proceed with treatment this will be taken off the cost of your injectable treatment.

For patients who are happy with the online information provided on this page, we recommend booking your injection with Dr. Tiwari, you will be charged the booking fee which will then be taken off the total injectable treatment

We would appreciate it if you could please attend Glasgow Private Clinic at least one (1) hour prior to your procedure. Failure to attend at least one hour prior to your procedure will unfortunately mean that we cannot carry out your injection that day and your deposit will be lost.

You will be given, on arrival, a dose of prophylactic antibiotics. Please inform us if you are allergic to any antibiotics.

For patients with no allergies, you will be given 1 gram of Flucloxacillin orally, plus 1 gram of Azithromycin.

For patients with a known or suspected penicillin allergy, you will be given 600mg of Clindamycin plus 1 gram of Azithromycin. Please inform us if you are allergic to penicillins on arrival at Glasgow Private Clinic.

Dr. Tiwari will see you at the time of your injection to administer your Arthrosamid.

Please bear in mind that the infection takes at least 4 weeks to take full effect and up to 6 weeks. As with any invasive joint procedure it is recommended to avoid strenuous activity (e.g. heavy lifting, tennis, jogging or long walks) during the first 7-10 days after the injection.

We would advise patients that if they require a surgical or dental procedure in the future, they should tell the treating physician that they have a permanent joint implant and they should discuss the possible need for prophylactic antibiotic therapy with their treating physician.